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RENEWAL DATE: February 1, 1995
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Participation up at Terry Fox run

Participation and fundraising both enjoyed an increase over last year's figures, as Elk Point joined communities across the country in the Terry Fox Run on Sunday, September 18.

Thirty four participants, along with two canine companions, compared to 29 participants last year, headed out to walk, run, jog, cycle and ride piggy-back around the 10 kilometre route, with a beautiful fall afternoon providing perfect conditions for outdoor exercise.

A total of \$3274.85 in pledges was raised to date, up from \$2587 last year.

Top fundraiser once again was Peggy Maas, who exceeded her 1993 total by more than \$200 to bring in a whopping \$1169 in pledges. Susan MacKinnon was the runner-up, with \$275 in pledges. These two ladies received Elk Point Recreation Park t-shirts for their efforts. Mrs. Maas was also the oldest participant in the run. The youngest participant with an individual pledge sheet was Aaron Jurak, who received a Lion King shirt.

He was not the youngest actual participant, however, as several families entered with one pledge sheet for their group.

Run coordinators Denise Maas and June Cinnamon wish to thank volunteers Donna Gulayec, Peggy Maas, Sonia Yarmuch, Michelle Dargis, Daphne Schnurer and Sergeant John Humphrey for their assistance with the 1994 Terry Fox Run. Thanks also to Elk Point Co-op, Home Town Grocers, Tags, Elk Point Review, Jeannine's Fashions, Elk Point FCSS, the Town of Elk Point, Denise Maas Professional Corporation and Elk Point Golf and Country Club for their part in the successful event.

Any participants who did not receive their participation sticker may contact June Cinnamon at the Town Office.

Arena future still unsettled

A public meeting hosted by the A. G. Ross Arena Operating Committee last Wednesday saw lots of discussion, but no decision, regarding the possibility of purchasing the heavily-used facility from the Elk Point Agricultural Society.

Kevin Bjornstad, chairman of the Operating Committee, emphasised at the outset of the meeting that this was not an Agricultural Society-sanctioned meeting, and was for information only.

The Operating Committee was formed a year ago by representatives of Minor Hockey, Skating Club, Broomball and Senior Hockey, and "did a bang-up job" of operating the arena, Bjornstad said. They ended the year with a \$2746.49 operating profit, and also did in excess of \$12,000 in

fundraising with a trip raffle, Oktoberfest and weight loss pledges. A fourth fundraiser, the Elks - Oilers Alumni game, experienced a \$123 loss.

The relationship between the Operating Committee and the Ag Society is that the latter owns the property, while the former operates it, Bjornstad said. However, "if you're a member of the Operating Committee, you're a member of the Ag Society, and therefore accountable for the \$413,000 debt."

That debt, resulting largely from the addition to the arena and the development of the Elk Point Fairgrounds, is what prompted the Operating Committee to approach the Ag Society earlier this year and offer to share the burden by purchasing the arena.

(Continued on pg.2)



TAKING UP TERRY'S CAUSE - Terry Fox Run volunteer June Cinnamon (left) presented t-shirts to top fundraisers Peggy Maas (right) and Susan MacKinnon and youngest individual fundraiser Aaron Jurak. The three were among 34 participants in the 1994 Terry Fox Run in Elk Point this weekend.

Pedestrian critically injured

A 78 year old Elk Point woman was airlifted to Edmonton's University Hospital with severe injuries Wednesday evening after being struck by a car as she crossed the street at the intersection of 50 Avenue and 51 Street.

Della Povashuk was listed in critical but

stable condition at press time on Monday.

Extremely bright sunshine and glare may have contributed to the accident, which occurred at approximately 7:15 p.m. The accident is still under investigation.

News devastates school trustees

Education Minister Halvar Jonson dropped a bombshell on local school officials last week and their work to regionalize the four area school boards. He announced he is considering a recommendation that the Counties of St. Paul, Two Hills, Minburn, and a portion of the County of Smoky Lake, regionalize their school operations.

"It really hit us like a bombshell," Conrad Richard, chairman of the St. Paul Regional Division #1 transition committee, said Monday morning.

"If this comes to fruition, it's simply devastating with all the work we've done to date."

The recommendation comes from the minister's MLA

Regionalization Committee, which, the minister stated in a letter to local school authorities, has completed the consultation process.

"The committee has recommended that the St. Paul Regional Division join with the Minburn-Two Hills Regional Division. In addition, the committee has recommended that the Vilna portion of the County of Smoky Lake join with this configuration.

"I am now considering the committee's suggestions and will advise your board of my decision in the near future," the minister stated.

At an emergency meeting of the transition team Friday, Richard said it was decided to request an

immediate "audience" with the minister. They are now awaiting word as to whether or not he's inclined to meet with the group.

"I see no reason why he should deny us an audience," he said, pointing out that the St. Paul Regional Division was the first to get approval in the province and "set a precedent" for other boards to follow.

"We've reduced the number of trustees from 24 to seven and we've merged four school boards into one."

The minister gave his nod of approval to the local regionalization proposal in June, and, just a month ago, approved a proposal by the Counties of Two Hills and Minburn to regionalize their school operations.

While there was always the understanding that the St. Paul Regional Division could be asked to include some fringe areas, there was never any indication from the department that the entire concept as approved, could be tossed out the window, Ted Cabaj, superintendent of schools designated for

the new division, said, Friday.

Cabaj said the MLA committee never consulted with anyone locally before putting forth this recommendation.

"I've never seen the committee. Who did they consult with? Nobody I know has spoken with them."

Despite all of this, Cabaj said he is optimistic "reason will prevail" and the minister won't approve the recommendation.

Ray Danyluk, chairman of the County of St. Paul Board of Education, is equally optimistic.

"If it was the minister's decision, I'd be really, really worried. At this point, it's only a recommendation from the MLA committee but it's absolutely devastating and very demoralizing.

MLA Paul Langevin believes parts of the recommendation make sense, such as including the Vilna area.

Arena's future

(Continued from Front page)

A summer of negotiations between representatives of the Arena Operating Committee, the Fairgrounds Committee and the Agricultural Society has resulted in an offer from the Society to sell the Operating Committee the arena and its contents for \$250,000. This offer would still have to be voted upon by the Agricultural Society membership.

The Operating Committee is now faced with the prospect of almost \$29,000 per year in mortgage payments, plus frontage and school taxes as of 1995, if they purchase the facility, for a total of over \$42,000. Their proposed 1994-95 budget shows a \$4650 shortfall, which when deducted from a hoped-for result of \$16,000 from fundraising, would leave them with only \$11,350, almost \$31,000 short of this amount. The Operating Committee would be eligible for a \$3000 operating grant from the Town, but would not qualify for the grants the Ag Society currently receives.

The "best solution," Bjornstad said, "is to stay together," although there has been "a lot of conflict" in the past. "We really don't know what to do. On paper it looks way easier to stay together." Operating Committee treasurer Betty Callbeck said "if we're not prepared to work together as a whole community, we're not going to succeed."

Even if the proposal to sell the arena to the Operating Committee is turned down at the next Agricultural Society meeting, it will be likely be "business as usual" for the Operating Committee, who are set to go with another busy season. Following on the heels of last weekend's giant garage sale are an Oktoberfest on October 7, another Trip Raffle, and a cookbook with recipes from Minor Hockey and Figure Skating families, which is scheduled to be out in time for Christmas giving - all this in addition to the regular round of ice sports.

Elk Point RCMP

Are requesting the assistance of anyone who may have observed the accident in which Della Povaschuk was injured on Wednesday, September 14 at the intersection of 50 Avenue and 51 Street, Elk Point.

Contact Elk Point RCMP at 724-3829

The Elk Point Municipal Hospital

will be participating in the

Heart and Stroke Foundation of Alberta's CHARIOT OF HEARTS RIDE FOR LIFE

Friday, September 23 -- 5:00 p.m.

Come and watch 30 people ride an 8-foot wide and 30-foot long Bicycle Built for 30.

We will start at the Hospital parking lot, travel to Heritage Lodge, north to Buckingham House, east to Parkview Extended Care and then south to the Downtown core.

The ride will be approximately 15-30 minutes long.

Come out and support the Heart and Stroke Foundation and cheer on the riders!!!

FISH & SEAFOOD TRUCK

Will be in Elk Point

Wednesday,
September 21
ECONOMY
PLUS SEAFOODS



County of St. Paul No. 19

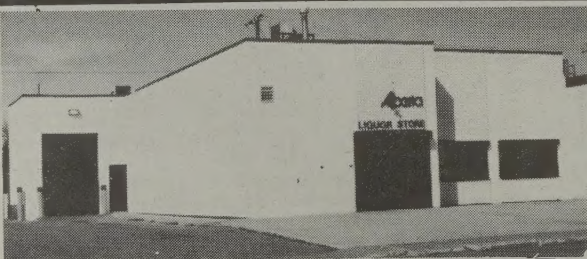
REMINDER

Ratepayers of the County of St. Paul No. 19
are reminded that the 1994 taxes are
due and payable on or before

September 30, 1994

A penalty of 5% will be added to the unpaid portion
of current taxes on **October 1, 1994**
and a **further 5% penalty** will be added to the
unpaid portion of current taxes on **November 1, 1994**

ROBERT KRAWCHUK, County Administrator



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ELK POINT SKATING CLUB IS HAVING REGISTRATION NIGHT

***** WEDNESDAY, SEPTEMBER 28, 1994 7:30 P.M. IN A.G. ROSS ARENA *****

***** ALL PREVIOUS MEMBERS AND PROSPECTIVE MEMBERS ARE INVITED TO ATTEND. FOR MORE INFO CALL 724-3906. *****

F.C.S.S. News

Find out what's in your own backyard

Be at the Elks Hall between 7:00 and 9:00 p.m. on Tuesday, September 20 and find out what's in your own backyard! There will be something for everyone... whether it's gaining information on the available child care in the community or registering for your favorite sport and recreation activities. Find out what's new at the library, learn about the numerous courses available through Further Education, or ask the AADAC staff about the nature of teen independence and development. You may want to become a member of the Pioneer Circle Society, figure skating club, 4-H or one of the many service clubs in the community. Did you always secretly dream about being a DJ at a radio station? Then check out the Radio LW exhibit or ask about other careers and opportunities at Alberta Career Development and Employment.

You don't have to be new to the community to appreciate what is available. Be sure to attend and learn about the excellent services and programs available in your own backyard. See you there!

ALZHEIMER SUPPORT GROUP

The Alzheimer Support Group is meeting on Wednesday, September 21 between 7:30 and 9:00 p.m. at the Ex-tendicare Conference Room,

4614-47 Ave. in St. Paul. There will be discussions and videos and refreshments will be served. For more information call Normande Tannas at 645-3375.

DON'T SPEND YOUR TIME - INVEST IT!

Are you a slave to time? Maybe you should start looking at how to spend your time rather than looking at how to save time.

First of all, think about what you want out of life. Assess all your activities. If they add to your life, keep them. If not, eliminate them, whenever possible.

Understand your body clock. It's irregular and not as uniform as time from a clock. Identify its peak times and schedule your work accordingly.

Slow down. Don't be addicted to rushing. Ask "Why am I rushing? What will happen if I don't?" Know the difference between necessary haste and impatience.

If you need to get together with someone, meet at their place so you can leave when you want. Remember, when you add a new activity, subtract an old one.

Use those small bits of time. Have a list of those 5 or 10 minute jobs such as changing the furnace filter, watering the plants, phone calls and so on. Use your breaks throughout the day to do these jobs

and cross them off your list.

Share resources with neighbors and friends. "I'll babysit your kids while you go grocery shopping, if you babysit mine." This idea can be used for everything from mowing the lawn to setting up a team-cleaning group.

Keep a positive attitude, learn to be flexible, and roll with the punches.

BOUQUETS

Thank you Deborah for the gorgeous gladioli. The bouquets are scattered throughout the FCSS office and brighten not only our facility but our days!

OFFICE CLOSURE -

FRIDAY, SEPTEMBER 30

As a result of budget cut-backs, the FCSS office will be closed the last Friday of every month. Thus, we will be closed on Friday, September 30, 1994. Please leave a message on our answering machine and we will get back to you first thing Monday morning. We apologize for any inconvenience this may cause you.

Self-Development Workshops

Women's spirituality and self esteem will be addressed in two upcoming workshops.

1. The Dance of the Spirit: Women's Spirituality: Women, more so than men, discover themselves through relationships. Women's self-esteem is based on their ability to establish and maintain

strong and healthy relationships with other women, men and children, and with the world around them. This workshop leads participants to a greater self understanding and wellness through discussion and activity that includes: learning self acceptance and tolerance of "failure"; removing our "masks"; taking care of ourselves; examining our emotions and our reactions; appreciating rest and solitude; exploring personal and communal forms of nourishing our souls; celebrating our roles and our traditions; recognizing defeating behaviors and patterns.

2. The Burden of Feelings: Women's Healing: women's feelings of shame, anger, guilt and fear are largely the result of the values and beliefs of the cultures and families in which we grew up. We will explore the background and development of these commonly held feelings, and learn skills that will enable us to under-

(Continued on Page 11)

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NOTICE

Elk Point Scouting Association is having

Registration Night

Tuesday, September 20, 1994

7:00 p.m. in the Elks Hall

In Conjunction with Information Night



Win up to \$1000 cash in our Beautiful Baby Search!

Portrait Package includes:

1- 8"x10"*, 2- 5"x7"s* and 16 wallets (2"x1")*

Portrait Package offer available to all ages.

19 Portraits
REGULAR \$12.99

* Approximate measurements.
Package offer features our selection (1 pose) on traditional blue background. Limit one special per subject (s). \$2.95 sitting fee per subject (not included in advertised price). Additional portraits available at reasonable prices. To win, the parent or guardian of the selected child must first answer a mathematical question. See complete rules and regulations in store.

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Brittany Cousins
Our Beautiful Baby 1994
Photographed by Isabel.



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Please call for an appointment at 724-4305

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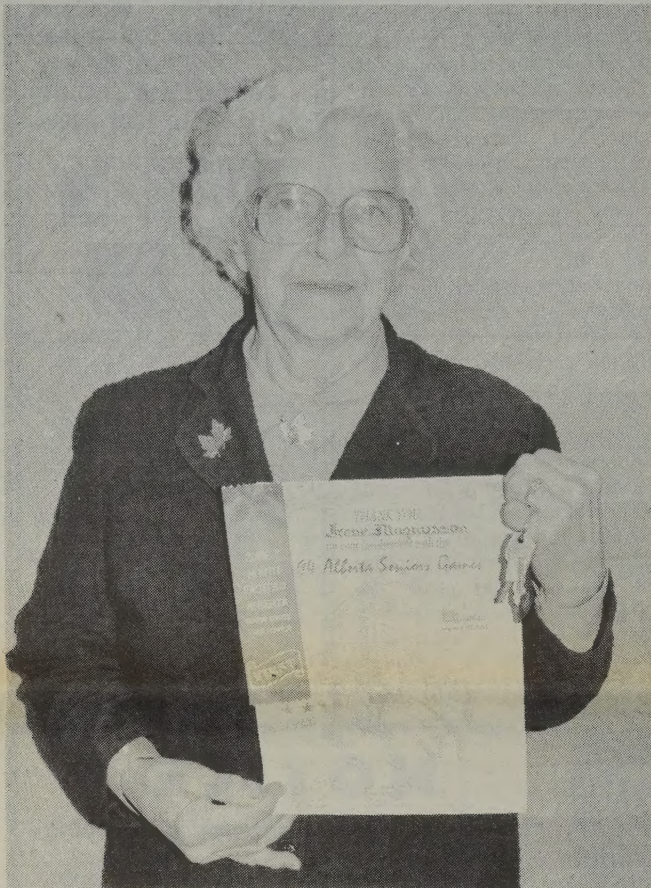
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ADVERTISING DEADLINE

Classified Section - 12:00 noon Friday
PHONE 724-4087

Display Ads - 12:00 noon Friday
FAX 724-4211

Why I stay in Alberta



ZONE WINNER - Irene Magnusson, well known for her many years of 'Alberta Trails' in the Review, proudly displays her first prize ribbon from Zone competition in the Creative Writing category of the Alberta Seniors Games, along with a certificate from the Provincial competition. Her submission to the competition appears at right.

Irene Magnusson

I happen to be a fan of CBC Radio, and especially of John Hanlon's call-in show, out of Edmonton, 1 p.m., weekdays. On this day, his question asked, "Why did you come to Alberta, and are you staying?"

I listened throughout the hour, to the many replies of others; I so wanted to call in, but was afraid I might lose my 'memory' at the exact moment I'd be on the air, and be left speechless and foolish.

But I know why I remain in Alberta! May I share my reasons with you?

I arrived in Alberta on a cold, snowy January day, with only my Mother, and two brothers, ages three and eighteen months. Dad had gone to the town, fifteen miles away, for the doctor. I seem to recall a cowering hired girl, about fourteen years, who herded the boys into the kitchen, and soothed their worries.

Asking my Mother, a couple of years later, where I had come from, she blamed it on a stork, or something such; later all was revealed.

I'd say I was born to be an Albertan; I have stuck it out now for 76.5 years. Wherever I have travelled, right back here is home to me. Actually, that home is only three miles from Dad's old homestead.

I have travelled quite a bit, in all directions, across Canada from the Island to east of Quebec City, from Yellowknife, south to Mexico. Our continent carries a lovely, varied and beckoning scene, never-ending beauty and grandeur. It's just that Alberta is home to me, the land I love. My eight brothers and four sisters have all scattered, to other parts of Canada, or the USA. I visit them, then return.

Alberta has given me so much! Over the years, I've lived in log houses, a tent (briefly), rehased granaries - and lastly, a very nice house. Always in the country, where I've enjoyed the gifts of my land. Overhead arcs the bluest sky, the whitest clouds, the gentlest breezes. Beneath my tread has sprung the greenest grass, the whitest snow. I've trodden the good earth.

From this generous good earth of Alberta has sprung, for our harvesting, blueberries, Saskatoons, currants, huckleberries, cranberries (high and low bush, moss and hair), raspberries, chokecherries, pincherries, gooseberries and others I'll think of tomorrow. The woods - long ago - yielded prairie chickens, partridges, ptarmigans, hares, mushrooms and pigweed, for the taking. Lakes and streams teemed with ducks and geese, in season; with trout, jacks, pickerel, suckers, whitefish and others, for the catching.

Unfortunately, few thought to well conserve these gifts of the wilds, and many species have dwindled, even vanished, from our land.

Just as southern parts of our glorious province were open prairie, richly grassed, our western border towers into the majestic Rockies, so our eastern regions have their special beauty: trees, ponds, sloughs, creeks and rivers, the lakes and hills and meadows.

Fabulously intricate and fascinating mounds and valleys punctuate the lands of the pronghorn and wild sheep, where scientists (and even you and I) have found remains of the creatures of pre-history, their massive bones and eggs preserved in the rocks and clay. Here, too, are some of the most weirdly sculptured and contorted rocks on our planet.

Against the backdrop of blue peaks, forests of evergreen stretch as far as the eye can see, along Alberta's western edge, and far into the northlands. Centrally, vast farmlands grasped by the early settlers and still yielding golden streams of grain, stretch away, dotted with cattle, punctured with oil wells. These vast plains once fed the bison, long gone before my time, but the mighty rivers and lakelands remain, for enjoyment and food source. As children, we still found bleached bones of the decimated buffalo.

Recalling childhood, I feel the warm water of the sloughs near our home, where we waded in summer. In spring we made rafts, and poled them over the ice-floored ponds, so brave. In winter we

trudged on Dad-made skis, pulled Dad-made toboggans and sleds off to neighboring slopes with neighboring kids, and floundered on creek ice in hand-me-down skates, dodging the rocks and stumps along the edge...

In summer... ah, those long, hot days!...my joy to take a 5-pound lard pail and go off, picking whatever berries I might find, eating as many as I required to appease my hunger. Mother accepted whatever we brought, and made the most delicious jam of them.

Alberta provided a school for us, then as now. Starting at 6 or 7, we trudged off (not over 4 miles), lunch-pail in hand, each week day, except in dead of winter: too cold and school closed for a few weeks. There was a large heater, and wood provided. And there were books to read!

Inside those books were the treasures of the world: Grimm's Fairy Tales, Hans Brinker and the Silver Skates! Later, the Complete Works of Shakespeare! There were amazing truths to learn, magic of math explained, doors to history were opened a crack, all the knowledge of past generations. Teacher read to us, poems were found in our readers. We would write our own stories and ideas.

In those far-off days, school was free up to grade eight, or age 15, whichever came first. I finished the magic grade at age thirteen, and stayed home then, to help Mother. Most of my younger siblings went on to at least some High School, a couple to college.

My own children went to High School, some to college; my grandchildren reach for University - and more.

In Alberta, opportunity came, after Depression and War; we were able to purchase land, to build and operate a farm, with grain and livestock. We never ran out of work! Some days were mighty long!

But we were not afraid to take time off, and with our five kids and various siblings, we explored the lovely lakes, and the parks as they developed. We wandered farther afield, as the years passed, and saw so much of our

(Continued on pg. 6)

The family forum

Jim MacLellan

The book, *The Secret Life of the Unborn* speaks about 5 years of research done by a group of Canadian doctors. Apparently there is a method of electronically monitoring the unborn baby so that its emotional rhythms are calculated. Emotional responses of babies including happiness, sadness, nervousness, etc. can be measured.

The research completed by three Canadian doctors found that the presence of the father near a pregnant mother is very important. When the father came into the room the baby responded with a sense of comfort. If the father came in with an angry voice and attitude the baby jumped and became agitated.

They found that the baby responded differently to different music. (Listen to this, parents!) Babies responded in pain to rock music (Just like you!). If a woman smokes during her pregnancy the baby responds as if it were suffocating.

All this research provides certain indicators to us:

1. Preborn children, because they respond to environmental and parental stimulus, must be "people" of design and purpose. Inanimate objects don't respond this way.

2. Great care must be taken, in the family, to provide the right environment for a pre-born to grow healthy.

3. Child training must start at conception!

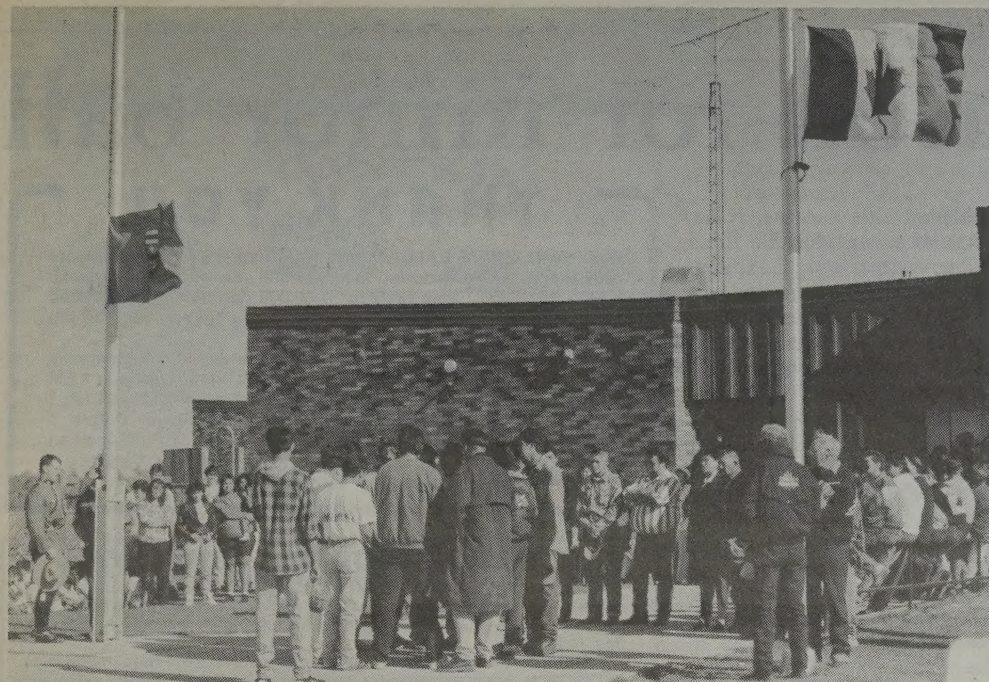
What do you think?

Ceremonial start for school year

The 1994-95 school year at Frog Lake Napewaew School got off to a good start with a special gathering last week. Frog Lake First Nations elders and representatives of the Elk Point RCMP were on hand to participate in a flag raising ceremony, following a prayer and sweetgrass blessing. A group of young drummers accompanied the ceremony with a special chant, and four young dancers in

splendid costumes performed for their fellow students, school staff and guests.

The ceremony was followed by a huge feast, at which the elders blessed the food with sweetgrass and prayers, and held a pipe ceremony. This gave the younger set a unique opportunity to learn the ways and customs of their heritage, and started the school year off in a very special way.



CEREMONIAL FLAG RAISING - Frog Lake First Nations elders and RCMP Cst. Chris de la Girday (left) raised the Alberta and Canada flags at Frog Lake Napewaew School as the group of young men between the flagpoles chanted to a traditional drum song, honoring the beginning of the 1994-95 school year.



RED CROSS STITCH-IN - Close to fifty hours of fine handstitching went into the construction of this lovely quilt - AFTER the pattern was put together. Red Cross needlewomen (left to right) Hazel Hannah, Violet McFadyen, Jean McGinnis and Iryne Buck spent the lion's share of last week around the quilting frame. The quilt will be the main prize in an upcoming raffle.



TRADITIONAL COSTUMES - and fleet-footed dancing by Zane Wade (left), Nicole Berland, Noella Cardinal and Laurelle Singer added a colorful touch to the school opening ceremonies.

SPECIAL THANKS TO PANCANADIAN

The staff, students, parents and community members of Heinsburg Community School would like to thank PanCanadian for their generous donation of

COLD MIX SURFACING FOR THE ROAD TO OUR SCHOOL

Your support is greatly appreciated!

AUCTION

Having received instructions from
TILLIE SHYMKIW

We will sell by public auction at her residence located

4813-50 Ave. -- Elk Point, AB.

Sunday, September 25/94 -- 1:30 p.m.

HOUSEHOLD ITEMS: Admiral 2-door fridge, almond, chrome suite with 4 chairs; chesterfield and chair, buggy design; china cabinet with glass doors; T.V. stand; coffee table; corner table; stacking stools; variety of pictures and ornaments; Coronado 21 cu. ft. deep freezer; fern stands; plant stands; swag lamp; 3-piece bedroom suite with ¾ size bed; clothes hamper; stacking lawn chairs; card table; Singer treadle sewing machine; wooden churn; side board; metal shelf; wall unit; Speed Queen washer and dryer; Kenmore vacuum with power nozzle; clothes rack; wooden table; scrub board; chrome table and chairs; doors; wash tub; garden tools; pots; pans and miscellaneous kitchen utensils; dishes. This is partial listing only. Subject to additions and deletions.

Skolarchuk Auction Service

Box 125, Elk Point, AB., T0A 1A0, Phone 724-2070
Auctioneer Walter Skolarchuk, License #165978

Cubs, Scouts now underway

Bernie Korpan
Cub Leader

Another year of Cubs and Scouts is underway. Cubs meet on Tuesdays from 6:30 to 8:00 p.m. at the Elementary School. Cubs is for boys and girls that are between the ages of 8 and 10. The leaders for this year are: Jerome Keichinger - 724-2646; Bernie Korpan - 724-2604; Kelly Sibley - 724-3031.

Scouts meet on Wednesdays from 8:00 to 9:00 p.m. at the Elementary School. Scouts is for boys and girls that are between the ages of 11 and 14. This year's leader is Tim Zarowny - 724-4374.

Anybody interested in e-

gistering their children or wanting more information can contact the leaders or come out to a meeting at the school.

At the moment, there are no Beavers because there is no leader. Beavers is a group for boys and girls aged 5 to 7. If anyone is interested in be-

ing a Beaver leader, call Ian Huffman at 724-4137 or Gloria Zarowny at 724-4374 for more information.

Registrations will also be taken at Information Night on September 20 at the Elks Hall.

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Elk Point

Two Hills

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Successful season for minor ball

Dear Editor:

With the prospect of the 1994 Major League Baseball season coming to a very unsuccessful ending, this would be a good time to look back at the very successful Elk Point Minor Ball season. It was a success because approximately 240 ball players were on the diamonds this spring enjoying themselves. It was a success because two girls' fastball teams won championships and two boys' baseball teams entered into provincial competition. It was a success because more coaches started and completed the various

levels of the NCCP than ever before.

This was achieved because of the dedication and hard work of all the coaches involved in T-ball, fastball and baseball. Minor ball would not have been as successful as it has been without the generous support of the many corporate sponsors and service clubs in the Elk Point area. Minor ball was successful because volunteers put in many hours fundraising, assisting at tournaments, and working at the executive level.

Even though we have

achieved this success, it has come at a considerable financial cost. Operational expenditures were very high this year and if we are to offer the same quality program again in 1995, registration fees will have to be increased to offset this cost.

I would like to thank all the corporate sponsors and service clubs that made donations to Elk Point Minor Ball. I would like to thank all the dedicated fans who came out to all the games and the umpires who did an excellent job. I would also like to thank all the people who worked on the executive this year, and I am looking forward to working with them again in 1995.

Sincerely,
Rick Bilak
President

Elk Point Minor Ball

THANK YOU

ELK POINT MINOR BALL would like to thank the following donors who supported them during the 1994 ball season. Special thanks to the Elk Point Lions Club for a \$3,000 donation that assisted Minor Ball in financing the construction of a batting cage on the Recreation Land.

* Alberta Treasury Branch * Amoco Canada Petroleum Company Ltd. * BMW - Monarch (Lloyd) Ltd. * E-Can Oilfield Services * Elk Point Elks (BPOE #460) * Elk Point Legion * Elk Point Lions Club * Elk Point Oilmen's Association * Elk Point Royal Purple * Highland Corod * Norcen Energy Resources Ltd. * PanCanadian Petroleum * Ranger Oil Ltd. * Sorrel Holdings Ltd. * Tarsands * The Canadian Salt Company * Toronto Dominion.

ST. PAUL MINOR HOCKEY SCHOOL

THE ST. PAUL MINOR HOCKEY ASSOCIATION is teaming up with the University of Alberta Golden Bear Summer Hockey School to offer four specialized hockey sessions. This school is open to players outside of the St. Paul Association.

MIDGET / BANTAM — End Zone Strategy / Neutral Zone Play. This session will focus on effective defensive zone play and offensive attack skills and strategies. This is a combined group with drills separated based on skill level.

PEEWEE — Checking Techniques / Skill Development. This session focuses on developing the mental and physical skills to prepare for body contact.

ATOM — Skill Development and Power Skating.

NOVICE — Skill Development and Power Skating.

REGISTRATION INFORMATION — When: Sept. 23, 24 & 25; Place: Polaris Arena; Cost: \$65.00 / Skater; \$25.00 / goalie - no instruction offered; Instruction Time: 6 hours on ice; Registration Deadline: September 21. **FOR INFORMATION PHONE BARRY ROMANKO 645-6353 (work); 645-2819 (home).**

Why I stay ...

(Continued from pg. 4)

beautiful Alberta.

A field of pink shooting stars; sunset over a lake; pails filled with blueberries; evenings in our little boat, a full moon sparkling the water; pulling over on a prairie road, to hear a meadowlark's trills. Standing on the back porch, late, listening to a pack of coyotes yodel, shivers up your spine! And a warm hand in mine.

The crash of summer thunderstorms, following a slash of lightning; cold, clear winter nights, aurora borealis flashing signals across the endless sky; after rain, a rainbow circling, and the earth sighs her thanks. A sky filled with stars, wide to forever, all mine; or the sparkle of low sun on January-laden trees; the endless snow-field, ripe for my ski tracks. And, oh, the wildflowers!

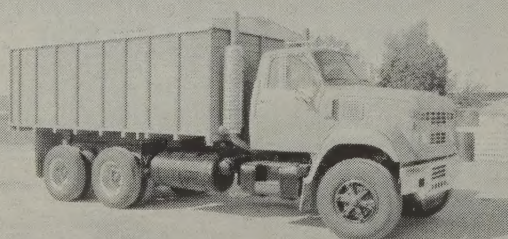
Now there my dream escapes me for a bit; I must say,

"The flowers that were! Unfortunately, sometime in my lifetime, weed sprays were discovered: a boon to farmers, death to our roadside wildflowers!

Other counties can leave their roadsides be, as a sort of 'museum' for our native growth; Alberta has allowed a death sentence to be carried out along our trails. Coming generations will never know the beauty that once was ours. To my sorrow.

Still, many things of this my native land hold me enthralled: I love the rivers, creeks, lakes and sloughs, even shrunken as they are. I love the aircraft overhead, the birds in my trees, my neighbors, the stores, police, oil pumps, school buses, the odd train passing. All, all of Alberta, the sky above and the earth below. Here my ashes will return to the good soil of Alberta, here in the centre of my Canada.

Harvest Special

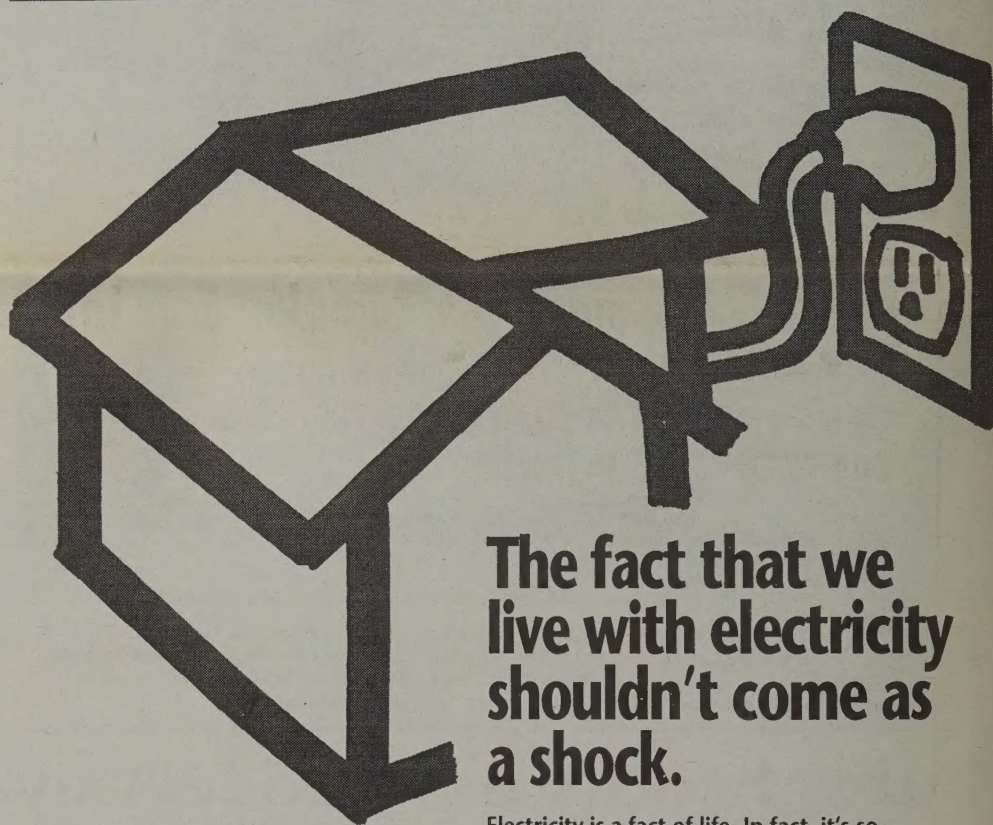


75 GMC 95

Box & Hoist, Tarp,
318 Diesel, 13-Speed

ZAROWNY MOTORS

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645-4468 -- 1-800-522-4115



The fact that we live with electricity shouldn't come as a shock.

Electricity is a fact of life. In fact, it's so much a part of everyday life that people forget the potential for accidents. Contact with overhead power lines or exposed wires can cause serious injury. Even faulty household appliances and electrical plugs can deliver enough current to kill an adult. Understanding how electricity works can keep you, and those close to you, safe. When it comes to electricity, what you don't know **can** hurt you. For more information on electrical safety, call your local Alberta Power office.



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PRIZES! PRIZES! PRIZES!

PUMPKIN

PUFF + PANT

The Pumpkin Puff and Pant is beginning to hand out prizes! Every Friday until race day, October 1, a name will be drawn for an early bird draw.

Lots of prizes have already been donated to the Pumpkin Puff and Pant, and many more will be arriving in the next several weeks. Organizers expect even more prizes this year than last.

Sponsors offering prizes include Smoky Lake Travel-Sunspots, Nagel Tours Ltd., Alberta Treasury Branch, Convention Inn, Miller Office Group, Holiday Inn Crowne Plaza, CFCW, and Sunshine Village.

Although the Pumpkin Puff and Pant was spearheaded last year by the County of Smoky Lake Further Education Council, many other sponsors have become involved. The Recreation, Parks and Wildlife Foundation are supporting the overall event. The Running Room Ltd. is an

people. Horizon-Holgerson Dairies will be giving juice for runners and walkers and Old Fashioned Bread Bakery will provide baked treats for after the race. The popular Olive Garden Restaurant will return this year with pasta for all and their famous garlic bread sticks.

Other sponsors include Coca-Cola Bottling Ltd., AGT Mobility, Esso Bulk Fuels, In-Touch Communications, Alberta Treasury Branch, Canadian Imperial Bank of Commerce, Shop Easy Foods, Smoky Lake Pumpkin Fair Club, Alberta Power Ltd., and Walter Mackoway.

Several others have already indicated that they intend to sponsor this event. Businesses may contact Ava Cherniuchan at 656-4148 or Bart Eisen at 656-3730.

If you missed it last year you have another chance, on Saturday, October 1. And you won't want to miss it this year. Last year's event was so successful that it has been organized again for this fall. The second annual Pumpkin Puff and Pant will be bigger and better

than ever. It will be both faster and slower, with more eats and treats, more events for all ages, more draw prizes, more sponsors, more walkers, more runners, more entry categories, and more fun for all.

It's running again!

All events will again take place at the Agricultural Complex in Smoky Lake. Just look for the tents in the Kinsmen Park. Participants will run, jog, walk, stroll, crawl, saunter, meander through the new subdivision. A new event called "orienteering" will have a specially designed course and has been developed by the Alberta Orienteering Association and the Edmonton Overlanders Club.

The Pumpkin Puff and Pant event is meant to be a fun family event. Runners, walkers, fitness fanatics, couch potatoes, casual exercisers and all the rest of us are invited to join in the fun. Balloons, prizes, children's events will provide a festive atmosphere for the whole family.

Early registration is encouraged, to have a chance at winning one of the several early bird draws. All entrants are eligible for the many draw prizes. The registration fee also includes a long sleeved T-shirt, a race package, a free seminar with world class runners, and "all you can eat" food and drinks. The registration fee is \$20 for adults and \$15 for seniors and students. All draw prizes, except early bird draws will be awarded immediately after the

run run/walk on Saturday, October 1.

Age categories for the Pumpkin Puff and Pant are: 9 and under, 10-13, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60+. There are also special categories for wheelchair entrants, the media, and a new "corporate" category.

The corporate category is a great way to be involved in a team challenge. Get together with your colleagues at work, fellow club members, friends, or school classmates and enter a team. A corporate entry requires a team of five people. Select a team captain. Team captains will be asked for a team name. Each participant should check the corporate entry box on their entry form and their team affiliation. Make sure that each team member fills out an entry form.

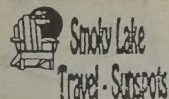
Special events are also being organized. For example, several world class runners, will be offering a mini running clinic before the race. The clinic will be free to everyone who registers for the Pumpkin Puff and Pant.

Special children's events and prizes are being planned. The Pumpkin Puff and Pant is expected to be a family event, with something for every age group.

All events, other than the golf tournament, will be in or operated from the Agricultural Complex at the north end of Town, beside Highway #855.

SMOKY LAKE PUMPKIN FAIR "EVENTS SCHEDULE"

	TIME	LOCATION
SATURDAY, OCTOBER 1, 1994		
Pumpkin Pancake Breakfast	8:30 a.m. - 10:30 a.m.	Hall/Foyer
Pumpkin Weight Guessing	9:00 a.m. - 1:00 p.m.	Foyer
Pumpkin Face Painting	9:30 a.m. - 12:00 Noon	Arena
Family Pumpkin Games	9:30 a.m. - 12:00 Noon	Arena
Registration: Pumpkin Puff & Pant	10:00 a.m. - 12:00 Noon	Outside/Foyer
Pumpkin, Squash and Watermelon Weigh-Off	10:00 a.m. - 11:30 a.m.	Arena
Pumpkin Carving Display	10:00 a.m. - 3:00 p.m.	Arena
Poultry Show	10:00 a.m. - 3:00 p.m.	Arena
Pumpkin Dunkin Contest	10:00 a.m. - 2:00 p.m.	Outside/Arena
Pumpkin Puff/Pant Orienteering	10:00 a.m. - 1:00 p.m.	Outside/Foyer
Pumpkin Painting	10:00 a.m. - 12:00 Noon	Arena
Pumpkin Petting Zoo	10:00 a.m. - 2:00 p.m.	Arena
Traditional Ukrainian Lunch	10:30 a.m. - 1:00 p.m.	Hall/Foyer
Farmers' Market and Crafts	12:00 - 3:00 p.m.	Hall
Pumpkin Puff/Pant Running Clinic	11:30 a.m. - 12:30 p.m.	Outside
Rooster Crowing Contest	1:00 p.m. - 1:30 p.m.	Arena
Agricultural Fall Bench Show	12:00 - 3:00 p.m.	Hall
Pumpkin Noodle Doodle	12:00 - 2:00 p.m.	Outside
Best Looking Pumpkin Contest	11:30 a.m. - 12:00 Noon	Arena
Giant Pumpkin Auction	11:30 a.m. - 12:00 Noon	Arena
Pumpkin Puff & Pant Run/Walk	1:00 a.m. - 3:00 p.m.	Outside
Pumpkin Puff & Pant Awards & Draw Prizes	2:30 p.m. - 3:00 p.m.	Outside
SUNDAY, OCTOBER 2, 1994		
Pumpkin Classic Golf Tournament	12:00 - 4:00 p.m.	Golf Course



Come to the Pumpkin Fair in Smoky Lake, October 1-2

A Family Affair -- Join the Family Fun!



1994 INTERNATIONAL YEAR OF THE FAMILY

The Region 6 Committee for IYF working with Premier's Council in Support of Alberta Families needs your input. The questions below are intended to encourage discussion about families. These questions may be responded to in small groups, within volunteer organizations, by families, or individual family members. Your input is highly valued and will provide strength to families in the 90's.

"Families the Heart of the Matter" -- Region 6

DISCUSSION QUESTIONS:

1. What is a Healthy Family?
2. What do Families need to be healthy?
3. How are communities currently strengthening and supporting healthy families?
4. What can our communities do to support and strengthen families more effectively?

Thank you for your comments and insights. This will become an important investment in the future of Alberta families!

Submit your responses to the Premiers' Council in Support of Alberta Families.

Hilltop House
9910-103 Street
Edmonton, Alberta
T5K 0X8

Smoky Lake Event - October 1

Join the fun. An 8 km road race and 3 km fun run/walk for the whole family. Run, jog, walk, stroll, crawl, saunter, or whatever. Lots of draw prizes, free food and drinks, long sleeved souvenir T-shirt, special events for kids, medals and prizes, and lots of fun for all.

Tear out the registration form and mail it to Box 631, Smoky Lake, AB., T0A 3C0 or call 656-3730 for more information.

Participate in a variety of events and fun contests during the weekend Pumpkin Fair. Some other activities include: * Pancake Breakfast * Pumpkin Weigh-Off * Giant Pumpkin Auction * Bench, Craft, Poultry Shows * Pumpkin Petting Zoo * Pumpkin Golf Classic * Pumpkin Carving Display * Pumpkin Painting * Pumpkin Seed Spitting Contest.

PUMPKIN PUFF & PANT ENTRY FORM

NAME: _____ Sex: M F

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

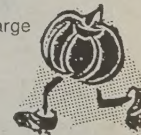
Events Entered: _____ 3 KM _____ 8 KM _____

Orienteering _____

Long Sleeved T-Shirt Size: (please circle)

Small Medium Large X-Large

Entry Fee: Students \$15.00
Adults \$20.00
Seniors \$15.00



(T-shirt is included in entry fee). Make cheques payable to the Pumpkin Puff and Pant. Entries can be dropped off at the Edmonton Running Room at 8537-109 Street, Edmonton, Alberta or mailed to Pumpkin Puff and Pant, Box 631, Smoky Lake, Alberta T0A 3C0.

CATEGORY: (please circle) 9 & under 10-13 14-16 17-19
20-29 30-39 40-49 50-59

60+ Wheelchair Corporate Media

School Entry

School Name: _____

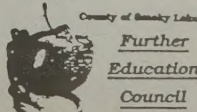
WAIVER: In consideration of this early acceptance, thereby, for myself, my heirs, executors and administrators, waive any and all right of claims for damages I may have against the Running Room Ltd., County of Smoky Lake, Pumpkin Puff & Pant executive, or any other organization or individuals associated with this event for any and all injuries sustained by me in this event.

SIGNATURE: _____
Signature of parent/guardian if entrant under 18



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Phone 632-2204

Store Hours: Monday to Saturday from 9:00 a.m. to 5:30 p.m.
Vegreville, Alberta

SALE CONDUCTED BY S.GITALIS INC. AS AGENT.

Annual pie sale scheduled for October 7

Michele Duczek

Librarian

First off this week, I would like to thank all the kids who painted paper leaves for me at storytime for my fall bulletin board display. It looks really sharp. From now on you guys can do all my displays.

The second order of busi-

ness is the library's annual pie sale. This event is scheduled for the Friday before Thanksgiving, October 7. A table will be set up at the Co-op where you can drop off any pies you wish to donate or where you can buy pies. The price of each pie is \$4. Anyone wishing to bake pies for the sale can pick up pie plates at the library. I hope everyone comes out and

supports this event.

More new books have arrived at the library, this time for juvenile and young adult readers.

The horsey set might want to check out **Riding Lesson** by Bonnie Bryant, No. 36 in the Saddle Club series. Carole Hanson wishes for a brother or a sister but things do not turn out as planned when she

gets a temporary sister.

Francine Pascal's numerous Sweet Valley series are very popular and we have three new titles, two in the Sweet Valley High series and one in the Sweet Valley Twins and Friends series.

Another popular series is The Babysitter's Club. This month's title is **Dawn and Whitney, Friends Forever**. Dawn has a job keeping Whitney, a young girl with Down's Syndrome, company while her parents are out. Whitney thinks Dawn is a good friend. What happens if she finds out Dawn is being paid to be with her?

LIBRARY CALENDAR:

Friday mornings - Storytime is every week at 10:30 a.m. Stories, songs, crafts and more.

Tuesday, Sept. 20 - Information Night at the Elks Hall.

The library will have a display. Stop by and say hello.

Saturday, Oct. 1 - The Friends of the Library are working an afternoon bingo.

Friday, Oct. 7 - Elk Point Public Library's Annual Pie Sale will be held at the Co-op starting at noon.

DID YOU KNOW:

St. Jerome is the patron saint of librarians.



CELEBRATING 90 YEARS - Mrs. Domka Zacharuk of Heritage Lodge (centre) celebrated her 90th birthday this weekend with a gathering of family and friends. Daughters (from left) Lillian Ewasiuk, Elk Point, Ida Kapjack, Edmonton, and Jean Lesyk, Elk Point, and son Jim Zacharuk, Elk Point, were among those present. Mrs. Zacharuk came to Canada in 1928 to settle in the Dog Rump Creek area, later moving to the Shamrock Valley district where she lived until moving to the lodge two years ago.

Pioneer Circle Bingo

September 12, 1994

Vincent Parenteau \$30, Bob Whelan \$30, Judy McGilvery \$30, Gordon Youngchief \$30, Stanley Jendruck \$30, Mike Zazulak \$30, Leona Bielech \$30, Bill Dewey \$30, Viola Yarmuch \$30, Ann Stuparyk \$20, Olga Tomkow \$30, Sylvester Gladue \$30, Alma Fryingpan \$30, Florence Demchuk \$30, Katie Yaceyko \$15, Ernestine John \$15, Mary McGilvery \$33, Shelley May \$49, Zelma Krucik \$81, Olga Sharkey \$700, Marg Clark \$57, Walter Yaremkevich \$57, Ann Stuparyk \$7, Christina Desjarlais \$7, Olga Ruzycski \$7, Teddy Matlock \$7, Olga Sharkey \$7, Grace Desjarlais \$14, Harry John \$7, Dan Demchuk \$7, John Joe Fryingpan \$50, Pat Hoxley \$50, Cliff Matlock \$50, Patsy Zarowny \$50.

The children of Buster & Meryl Valentine

Request the pleasure of your company at an

"OPEN HOUSE" in honor of their parents'

Sixtieth Wedding Anniversary

Saturday, September 24, 1994

2:30 to 5:30 in the afternoon

SENIORS' RECREATION CENTRE

Highway 41, Elk Point, AB. - No gifts please.

Business Directory

LAKELAND REALTY INC.

Your **Number 1 Choice**

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Kissimmee Industries: 4613 - 51 Ave.
Elk Point, Ab. Phone: 724-3050
Res. 724-2259

ELK POINT INSURANCE & REALTY LTD.

Phone 724-3926

BOX 419, ELK POINT,
ALBERTA T0A 1A0

"Service is our motto"

**VICTOR STEPA &
LARRY DEMCHUK**

Community Newsline

Al-Anon Family Group Meeting Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, west door, Elk Point.

"Welcome Package" available for newcomers moving into the town of Elk Point. If you would like to receive a package, please call Elk Point Community Services at 724-3800.

Recycle Your Paper - Paper trailer is located at the Universal Bottle Depot - 5214 Railway Avenue. We take newspapers, flyers, computer and bond paper. No cardboard boxes milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

Elk Point Public Library - Mon. - CLOSED; Tues. 10 a.m. to 5 p.m., Wed. 2 p.m. to 9 p.m., Thurs. and Fri. 10 a.m. to 5 p.m., Sat. 10 a.m. to 3 p.m. Storytime: Fri. at 10:30 a.m. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

Elk Point Olettes regular meeting is the first Thursday of the month. For more information, call Fay at 724-2036.

Farmer's Market and Garage Sale - New and old. Fridays 12 noon - 4 p.m. in the United Church Hall, Elk Point. Tables are \$5. To book a table call Lois 724-3823 or Sharon 724-3803.

U.C.W. Rummage Store Open May 13, May 27, June 3 and June 17 from 10:00 a.m. to 2:00 p.m.. Next Door to the United Church.

The Elk Point Support Group - meets on the 1st and 3rd Mon. of the month at 7:30 p.m. in the Elk Point Municipal Hospital, Rm. 604. More info: 724-2203 or 724-2380.

La Lache League meets every second Thursday of the month at 7:30 p.m. 5017 - 56 Ave. Elk Point. Contact 724-4491.

Adoption Support Krew meets the 2nd Monday of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m. For more info call 724-3031.

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.

Church Services

Elk Point Baptist Church
10:00 a.m. - Sunday School; 11:00 a.m. - Worship Service; Evening Services - Alternately held at the Heritage Lodge & Hospital; Tuesday, 10:00 a.m. - Ladies Bible Study (Child Care Provided).

United Church of Canada

Elk Point

Church Office Hours

Tuesday - 9 a.m. to 12 noon

Wednesday - 9 a.m. to 12 noon

Saturday - 9 a.m. to 12 noon

Worship Services

Sunday - 10:00 a.m. Church Service;

10:00 a.m. Sunday School.

Elk Point Community

Christian Church

Services every Sunday

10:00 a.m. - Senior Citizen Centre

Bible Fellowship Church

Clandonald

Services held every

Sunday at 11:00 a.m.

St. Michael's

Catholic Church

Sunday Mass, 12:00 p.m.

Bethel Lutheran Church

of Lea Park

Sunday Worship Services, 10:00 a.m.

St. Vladmirs' Ukrainian

Orthodox Church

(Elk Point)

For Service times, call 645-5156

St. Paul or 724-4351, Elk Point.

ELITE THEATRE

Movie Information Lines

St. Paul, 645-3448. Two Hills, 657-3339

Feature Subject to Change Without Notice

LAST 3 DAYS

September 20, 21, 22

LITTLE RASCALS
FROM THE DIRECTOR OF "WAYNE'S WORLD"
Mischievous loves company.

Rated: General

JEFF BRIDGES • TOMMY LEE JONES

BLOWN AWAY

Rated: Mature, with Violent Scenes

STARTS FRIDAY
September 23 - 29

HARRISON FORD

CLEAR AND PRESENT DANGER

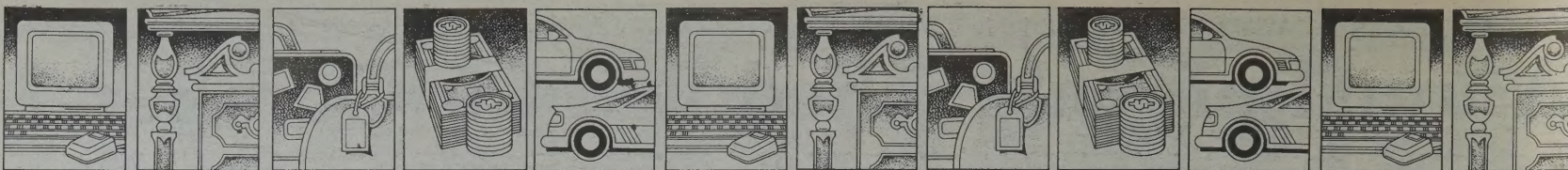
Rated: Mature

Phone Movie

Info Line for Showtimes

645-3448 & 657-3339

Participation
Moving Your Way - Every Day



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Classified Index

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11..... Found	24..... Travel
12..... Garage Sales	25..... Wanted
13..... Livestock	100..... Display Ads

1 AUCTIONS

ADVANCE NOTICE receivership auction - Delmar Steel - Edmonton, 16313 - 132 Ave. Oct. 7th - 9:30 a.m. 326,000 lb. steel inventory, 50,000 lb. crane, 19 welders, iron worker, Doall band saw, overhead cranes, Witney Punch, welding truck, 18' office trailer, 2 cube vans, large quantity shop tools, office equipment. Prodanuk Auctions (403)942-3486. 2-1-39

2 AUTOS

FOR SALE: 1990 Ford XLT Lariat, supercab, loaded, matching canopy, running boards. 724-4364.

1991 FORD EXPLORER 4 door, 4 wheel drive, 5 speed, air, cruise, tilt, AM/FM cassette, running boards, roof rack. Only 68,000 km. Ext. warranty. \$17,500 o.b.o. Call 724-2419.

2 AUTOS

FOR SALE: 1992 Mercury Grand Marquis LS 4-dr., loaded, 61,000 kms, premium condition. Phone 645-5966, St. Paul.

FOR SALE: 1986 Dodge 150 4x4, w/out canopy, fully loaded, good tires, \$7000 o.b.o. 724-3811.

CHEVY SHORT BOX, Sierra Classic 150. Fully loaded, black, tinted glass, chrome roll bar, pushbar, Dunlop tires, 5-spoke wheels, 350 automatic, 140,000 km. Absolute giveaway. \$5700 o.b.o. Innisfree, AB 592-3761.

Consign your car, truck, motorhome, motorcycle with confidence.

**Ron at
Specialty Motor Car**

5037-50 Ave., St. Paul - 645-6998

2 AUTOS

1980 OLDSMOBILE DELTA 88, 2 door, 305 engine, asking \$1500 o.b.o. Call 724-2212.

4 BUSINESS OPPORTUNITY

\$\$\$WANTED: Leader in your area to promote new line of health and wellness products. \$39 start-up cost. Will train. Moneyback guarantee. New in Canada. Excellent growth potential. 1-623-7657.

WHY BUY? Drive a new vehicle of your choice. Write off the cost. Payments from \$249. per month. No down payment. Phone 870-2701.

7-8-42

NEED CAPITAL? Selling your business? Over 1,500 investors with \$5,000. to \$50 million to invest. No brokerage fees. Also looking for investors that want opportunities customized to their interest. (403)489-9298. 7-1-39

IF YOU LOVE fashion, we have a business opportunity that's just your size. Earning potential unlimited. For fashion opportunities with Lantana Network Marketing. Call now while your area is still open. 1-800-661-9796. 7-1-39

COMMUNITY MINDED? Marketing concept allows you to make money and also your organization to raise 1,000's of dollars at the same time. Housewives, professionals phone (403)426-6832. 7-1-39

START YOUR OWN home based business: Watkins is today's best business opportunity: For free information contact: Independent Marketing Director, 218 Meglund Crescent, Saskatoon, SK, S7H 4Z6. 1-800-263-2999. 7-1-39

WHO DO YOU know who wants to look better, feel better and earn extra money. (403)988-4358, (403)998-4526. 7-1-39

DEALERS WANTED - Join Canada's largest distributor of quality wood stoves, gas fireplaces, pellet-burning stoves. (Requires no chimney - no smoke - no creosote. Uses compressed recycled sawdust). Calgary (403)860-3292. 7-1-39

GENERAL STORE BUSINESS, east central Alberta, building leased, loyal customers in active community, 2-3 staff. Ideal for young couple. Only serious inquiries please. No agents. (403)884-2210 days. 7-1-39

DEALERS REQUIRED for new automotive service. Local opportunity available. Low investment, short term payback, part-time, full-time or add to existing business. Enquiries confidential. Phone Roger (403)487-5644. 7-1-39

6 EMPLOYMENT OPPORTUNITY

REQUIRED: Experienced cook to manage restaurant in St. Paul. Fax resume with experience and references to 645-5107.

PARTS MANAGER and salespersons required for central Alberta Chrysler dealership. Excellent wages and benefits. Contact Ed or Art (403)672-2476 Camrose, AB. 13-1-39

START YOUR OWN home based business. WATKINS is today's best business opportunity. Write to: 606 - 4902-37th Street, Red Deer, AB, T4N 6M9, with your phone number. 13-1-39

6 EMPLOYMENT OPPORTUNITY

LABOURERS, HEAVY equipment operators, pipeline workers! Looking for employment? We can help. Small fee. Contact with over 200 employers. Call toll free 1-800-621-8985.

13-3-40

HD MECHANIC required immediately for JD dealership. Good wages and cheap housing. Phone Al at (403)864-3731, fax (403)864-3468. Dave Ross Equipment, Spirit River, AB,

13-2-40

SUNSHINE VILLAGE Ski Resort, Banff requires enthusiastic, well presented, reliable individuals, committed to service excellence. Various seasonal positions. Reply: Box 1510, Banff, AB, T0L 0C0. Fax (403)762-6513. Only those to be interviewed will be contacted. 13-2-39

3RD OR 4TH year apprentice or journeyman technician for Ford dealership in Taber. Send resumes to: Johansson Ford, Box 2319, Taber, AB, T0K 2G0. Attention: Chuck. 13-2-39

REQUIRED IMMEDIATELY experienced cook/manager for 38 seat restaurant northeast Alberta. Also assistant cook/manager, 24 hour truck stop northwest Alberta. Apply: Box 145, Fawcett, T0G 0Y0. Fax (403)681-2258. 13-1-39

ADVENTURE TOURISM Livingstone College is now accepting applications for October 1994. Two year diploma and industrial certification program in hospitality, outdoor skills, and business management through hands on vocational training. Call today (403)628-2154 for information. 8-1-39

THE ALBERTA VOCATIONAL COLLEGE, Lac La Biche will continue to accept applications for the October 3, 1994 pre-employment welding program. Interested students may call admissions at (403)623-5580 or dial the toll free number 310-0000 and ask for AVC Lac La Biche. 8-1-39

AUTOMOTIVE AFTERMARKET parts store requires parts person for counter sales duties. Rinax computer experience an asset. Experienced persons only. Apply to: Box 1420, Brooks, AB, T1R 1C3. 13-1-39

CASE POWER and Equipment in Vegreville requires an apprentice or journeyman mechanic. Competitive wage and benefit package. Call Les Jones at (403)632-3636. 13-1-39

SERVICE RIG PERSONNEL. All positions available. Starting at \$14./hour with tickets. Highland Corod Inc., Box 344, Provost, AB, T0B 3S0. Phone (403)753-4757, Attention: Ron Lawrence. 13-1-39

WANTED experienced motorcycle mechanic for Yamaha/Honda dealership in Stony Plain, AB. Call Parkland Cycle at (403)963-2790 for additional information. 13-1-39

LICENSED MECHANIC or 3rd or 4th year apprentice for busy flat rate shop. Only 45 minutes from Edmonton. Chrysler experience an asset. Apply to: Dale Marshall c/o Brown's Plymouth Chrysler, Box 1739, Westlock, AB, T0G 2L0. (403)349-5566, fax (403)349-6493. 13-1-39

7 ENTERTAINMENT EVENTS

WIN \$45,000. worth of bred heifers or 1994 Dodge Laramie 4 X 4 and 25 ft. Terry 5th wheel holiday trailer, 2nd prize \$5,000. and 10 prizes of \$1,000. Information: Trochu Golf and Country Club, Box 689, Trochu, AB, T0M 2C0. (403)442-2747. \$50. per ticket. 3,000 tickets printed. Draw made Oct. 29, 1994. Printed licence #R110990.

10-1-39

8 FEEDS AND SEEDS

MIXED HAY FOR SALE: Large square bales. 1994 crop \$2, 1993 crop \$1., or will trade for livestock or machinery. Call 724-3870 evenings.

FOR SALE: 600 round bales, 40 percent Timothy, 50 percent Alfalfa, 10 percent Clover. Weight around 1200 lbs. Reasonable price. 724-3959 Elk Point.

FOR SALE: 50 large round bales of second cut Alfalfa hay. No rain, top quality. Call 635-3813.

FOR SALE: Large quantity of excellent quality big, round hay bales. Will deliver. Call 636-2892 after 6:00 p.m. (Viina).

QUALITY round hay bales for sale cheap. Free delivery and self unloading. No Sunday calls please. Phone (403)843-6380. 17-5-43

1,500 LARGE round hay bales. Alfalfa or mixed hay. Little or no rain. \$30. each. Can deliver (403)731-2223. 17-1-39

FOR SALE or trade for calves - round alfalfa bales. Phone (403)322-2332. 17-1-39

9 FOR RENT

3 BEDROOM HOUSE IN CENTRAL ELK POINT. Includes utilities. \$500. Phone 435-1481.

SUITE FOR RENT in 4-plex. Available Oct. 1/94. References required. Phone Al 724-3913 or leave message.

WANTED: Acreage for rent for October 1. Moving to Elk Point area, husband working in Elk Point, wife working in St. Paul. Looking for good quality acreage. Phone Greg or Gale, collect (403)875-2517 after 5:30 p.m.

10 FOR SALE

1993 MOBILE HOME FOR SALE: 78x16, 3 bedroom, 2 bathrooms, juzzi, water conditioner, 2 appliances. To be moved. Also porch 30x12. 636-2692.

N7 GLEANER 1982 combine: 1460 separator hours, Melroe pickup, field ready, good condition, updated \$47,000. Phone (403)972-3768 and (403)972-2172 evenings. 19-1-39

SHEEP SKIN for winter. Coats, footwear, rugs, gloves, hats, seat covers, mattress overlays. Free colour brochure. Stamped envelope to: 412 East 59th Ave., Vancouver, V5X 1Y1. 1(604)323-8844. Dealer enquiries invited. 19-1-39

COLOURED STEEL cladding 55¢ sq. ft. limited stock. All sizes of farm and commercial buildings. Best prices. Build anywhere. Master-Craft Building Systems. 1-800-432-1836. Calgary (403)269-4117. 19-1-39

GARLIC FOR SALE: Alberta grown seed and table quality. \$2./lb. Easy to grow, great health food. TFT Garlic Growers (403)443-5803, (403)443-7899, (403)772-3892. 19-1-39

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Tuesdays - \$3.00 per week + G.S.T.
Bonnyville Nouvelle

Tuesdays - \$3.00 per week + G.S.T.

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10 FOR SALE

FREE! Family workwear catalogue. Children's, ladies coveralls, lined/unlined. Men's uniforms. Special sizes, embroidery service, fast shipments. Save! WorkWear Plus, Dept. #14, Mount Forest, ON, N0G 2L0. (519)323-1341. 19-1-39

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12 GARAGE SALES

FRONT YARD SALE: 4809-53 ave. Elk Point. Sept. 24, 10-6; Sept. 25, 10-2. Cowboy hats, bar fridge, garden misc., drill, elec. mower, barrel bar, work boots, etc.

13 LIVESTOCK

PUREBRED ARABIAN STALLION 18 months old. Bringing new blood from US Championship sire Ester dam Hy Voltage. Canadian dam is from champion sires like proud Silver Tornado and Bask started on show halter. Offers. 645-6566.

30 SIMMENTAL X RED ANGUS bred heifers and 30 Simmental X Limo and Hereford bred heifers. Bred Red Angus for a 2 month calving period. Contact Sienna Red Angus at 592-2340, Innisfree.

FOR SALE: 27 Exotic heifers bred to purebred Saler bull. Starting to calve in March. Phone 847-2253 or 847-2257.

GREY FILLY 2 years old, registered paint breeding stock. Phone 645-4604.

PUREBRED POLISH ARABIAN MARE from Bask Breeding. Holding several championships in both US and Canada. Excellent brood mare. Will accept offers. 645-6566.

50 BRED HEIFERS, Charolais cross bred to a low birth weight. Red Angus bull exposed June 15. Pick as you want at \$1.05 / lb. 645-2198.

PRODUCTION EMU AUCTION - Emu Auction Tuesday, Oct. 4 at 3 p.m. west of Salmon Arm, B.C. on Highway 1 approximately 13 km then left on Tappen Valley Road 1 km then right on Tappen Notch Hill Road 2.3 km. Selling 19 pairs of unrelated chicks, 4 pairs 3 year olds, 1 pair proven breeders. For list call owners John and Marilyn Johnson at (604)835-4860 or Spencer Auction Services Ltd. at (403)921-3994 Edmonton. 24-2-40

INSTA RANCHER RAFFLE. 1st prize - 50 bred heifers. 5 secondary prizes of \$1,000. Proceeds support Canadian Cowboys' Association Rodeo Finals in Lloydminster. Tickets: \$50. Only 2,500 available. Draw date: Oct. 23, 1994. Contact: Cowboy Countdown, P.O. Box 2184, Lloydminster, SK, S9V 1R6. (403)875-1246. 24-1-39

AMIGOS RANCH LTD. Boer goats. Accepting orders on E.T. preg. tested does full and half bloods. Landcorp bloodlines. Available spring 1995. Contact Orin Sand (403)829-2190, (403)551-0031 Hondo. 24-1-39

BOER GOAT and Dorper sheep embryos from South Africa. Best genetics available collected from top herds. Implanted and guaranteed pregnant recipients available. Quarantine provided. Dennis (403)672-9308. 24-1-39

13 LIVESTOCK

LLOMAR FARMS STOCK Trailer Sales. New farm prices 16' X 6' \$4,175. 12' X 6' \$3,475. 7' X 20' GN aluminum \$11,775. Barn and trailer matting, flatdecks. Phone 672-6807. 25-1-39

FOR SALE African boer goat embryo. No quarantine required. Pregnant recipients delivery end of Oct. Also ostriches and emu. Office (403)249-9155, fax 249-9101. 26-5-41

BOER GOAT embryos. Excellent quality donors. "Photos upon request." Unbeatable price! Package includes transfer by qualified vet team. Call WoodHill Farms, over 20 years experience in goat management (403)938-4012. 26-1-39

15 MACHINERY

FOR SALE: 914 International combine, field ready, excellent shape. Phone 645-3771.

16 MISCELLANEOUS

FOR SALE: 75 watt - 40 gal. electric hot water tank. 724-4364.

HOCKEY PLAYERS. Personal hockey statistics, scoring, goal tending, individuals, teams, leagues, tournaments. Averages, highlights, charts, certificates. Monthly reports. \$25/player. Team rates. Register for 1994-95. CompuSport, P.O. Box 1164, Station M, Calgary, T2P 2K9. Phone/fax (403)249-8398. 30-4-40

POND AID CUTRINE for all algae free, clear, clean, water, odour free. Free consultation. Call/write: Natural Aid Products, Bay 6, 4063 - 74 Ave. S.E., Calgary, T2C 2H9. 1-800-661-8467. 30-2-39

POETRY CONTEST \$24,000. in prizes yearly. Possible publication. Send one original poem 20 lines or less: National Library of Poetry, Box 704 - 1364, Owings Mills, Md, U.S.A., #21117. 30-1-39

36 CHANCES to win 12 trips and 24 cash prizes. Only 350 tickets printed. \$100. each. Monthly draws begin Oct. 7/94. Support Nanton Arena Expansion. Write: Nanton Hubcap Society, Box 400, Nanton, AB, T0L 1R0. Licence #R112566. 30-1-39

JENSEN JACKET MANUFACTURING 25TH year supplying quality jackets, vests, caps, cresting. Now featuring denim and leather jackets, leather caps, golf, t-shirts. Toll free 1-800-567-8443. Edmonton (403)486-4582. 30-1-39

ONLY 500 tickets printed \$100. each. 2 early bird draws of \$500. each Oct. 21/94. 2nd prize golf cart value of \$5,000. 1st prize 20 bred heifers or \$24,000. Draw Dec. 2/94, Licence #111241. Contact Big Country Shrine Club, Box 521, Bassano, AB, T0J 0B0, Bassano Farm Equipment (403)641-3813 or R. Burrows (403)641-3999. 30-1-39

17 NOTICES

DID YOU ADOPT a baby girl born February 2, 1985 in Grande Prairie? We adopted her birth sister. We need to talk! Call Valerie, (403)441-3970, Edmonton. 32-1-39

18 PERSONAL

GOOD SEX for seniors. Overcome all erection problems caused by aging, medications, surgery, diabetes etc. Get the facts: Performance Medical, Box 418, Valemount, B.C., V0E 2Z0. 1-800-663-0121. 34-2-40

ALBERTA 900 DATELINE. Great dates! Alberta girls and guys, voice personals, all lifestyles. Call 1-900-451-3099, Ext. 489. 18+. Touch tone. \$3.29/min. Canada 900. (702)593-0303. 34-1-39

18 PERSONAL

DATELINE 1-900-451-3564 ext. 561. \$2.99 per minute. 18 years and older. Vison Exports Inc. 34-1-39

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20 REAL ESTATE

WILL BUY MOBILE HOMES. Looking for late 1980's or newer homes to be moved. Call Louisville Mobile Home Park, St. Paul 645-2209.

GOT A CAMPGROUND membership or timeshare? We'll take it! Americas's largest and oldest resale clearinghouse. Call toll free Resort Sales International at 1-800-423-5967. Also timeshare rentals needed. Call 24 hours a day. 36-1-39

GROCERY STORE opportunity in Nanton. Good family business. Price includes land, buildings, furniture, fixtures and equipment. Financials and more information on request. Contact: Harry Lively, Lively Realty Nanton, AB, (403)646-2910. 36-1-39

SELECTION, availability, and price! Three reasons to buy factory direct from Ridgewood Homes. Built for living, built for life! Call collect 470-5660 and save. 28-4-40

COMMONWEALTH HOMES offers a full range of new manufactured homes starting at \$36,900. and reconditioned used homes. Commonwealth Homes, the difference is quality. Phone 346-3100. 28-4-40

DREAMING of a new home. Let Noble Homes team of architects design the home of your dreams. Unique in every way! Trades welcome (403)447-3414. 28-2-40

JANDEL HOMES - Edmonton's largest show home sale. Save thousands of dollars on every display home in stock including 16' wides, double wides and modular homes. Featuring skylights, cathedral ceilings, whirlpool tubs, country kitchens, etc. Phone 1(403)478-1404, 1-800-463-0084. 28-2-40

ABSOLUTELY "TOP DOLLAR" paid for clean 12', 14', 16' and double mobiles anywhere in Alberta. Immediate payment on approval. Call toll free 1-403-252-8183. 28-1-39

21 RECREATIONAL

1994 BOMBARDIER SUMMIT 583 H.A.C. In excellent shape, low mileage. Asking \$7000 o.b.o. Phone 645-4739 after 6 pm.

FOR SALE: 1988 Honda 300 FourTrax 2x4 in excellent condition. Asking \$2500 o.b.o. Call 645-6989 after 6 pm.

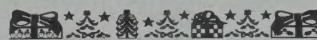
22 SERVICES

TOD ANDRUS OILFIELD water hauling 100 barrel tank. Ready to go to work. Good reasonable rates. Box 60, Duchess, AB, T0J 0Z0, (403)566-3937 cellular, (403)566-0872, 24 hours. 40-1-39

CRIMINAL RECORD? Canadian pardon seals record. U.S. waiver. Removes risk of arrest and deportation. Immigration information for travel, employment, business opportunities - CPLC hot line (403)229-1200. 40-1-39

22 SERVICES

JO-AL'S SEPTIC TANK SERVICE. Fair competitive prices. For more information and bookings, please call Jo or Allan McDonald at 943-2465, Heinsburg.



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25 WANTED

WANTED: Used antennas in good condition. Phone 645-2209.

ROOM & BOARD for mature Chinese student attending F.G. Miller High School. Call 943-3932.

WANTED: To rent acreage between St. Paul and Elk Point, please call Judy or Graham (daytime) 724-6137; (evenings) 724-3258.

WANTED: Acreage for rent for October 1. Moving to Elk Point area, husband working in Elk Point, wife working in St. Paul. Looking for good quality acreage. Phone Greg or Gale, collect (403)875-2517 after 5:30 p.m.

Grandparents Day social

Ruth Vogel

A great time was had by all those who attended the Grandparents Day Social at Heritage Lodge on Sunday, September 11, 1994. Cakes to suit everyone's taste were served to all those present before an afternoon of entertainment began.

Thank you to the musicians, Gabe Bayduza, John Bennett, the Frankiw family, Marge Heffernan and Doreen Youngmans, and to Pastor Jim MacLellan, who brought a message fitting to the occasion.

The Elk Point Christian Community Church wishes to thank the residents of Heritage Lodge for allowing us to spend this special afternoon with them. Thank you also to the staff of Heritage Lodge.

Further Ed

The Fall Calendars are out, and courses are getting underway. If you did not receive a calendar, please contact Verona Lea at 724-4101.

This year's lineup has a variety of crafts, fitness and more. Three single session courses which kick off the season are **Cut Away Sweat-shirtson** September 27, **Purses** on September 28 and **Teddy Bears** on September 29. A weekend session on **Willow Baskets** goes September 30 and October 1.

Start off October by getting fit at **Low Impact Aerobics** which starts October 3 and continues to November 28. Learn more about **Computers** in a series of classes October 3 to 24. **Folk Art and Decorative Painting** goes October 4 to 25, and **Native Crafts** goes October 5 to 19.

FCSS news

(Continued from pg. 3)

stand, and to turn negative emotions into positive energies.

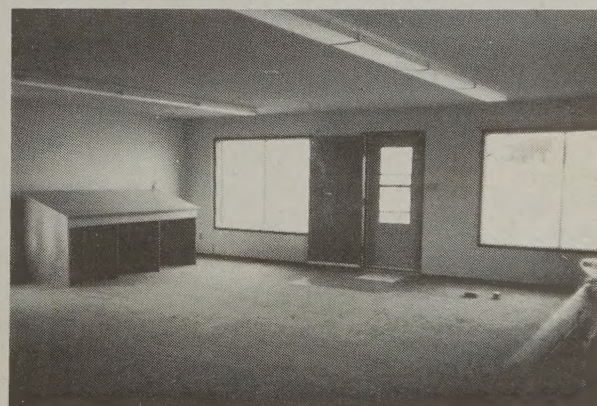
For more information on these courses, or to register call Louise Lafleur-Joly at 645-4320.

TIDBITS

The face you have at 20 is the face God gave you. The one you have at 40 is the face life gave you. And the one you have at 60 is the one you probably deserve.

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Therapeutic recreation at Parkview

The celebration of Therapeutic Recreation Week at Parkview Extended Care last week was a great opportunity for the residents and staff to show the community what a cheerful, busy place the facility has become.

Recreation is a big part of life at Parkview, with Linda Shmyr overseeing such activities as cards, games, exercises, bingo, movies and other entertainment. The residents have visits from babies, children and pets, they have their own worship services, they discuss the news and enjoy reminiscing about the past. They even bake their own cookies.

The mission of the Ther-

apeutic Recreation program is to recognize, develop and maintain leisure needs and lifestyles of each resident. This is accomplished by assessing the needs, planning goals and actions for each resident, planning and implementing programs, and evaluating the results.

Residents are encouraged to express themselves through their creativity. The program helps to build confidence and increase self-esteem, as well as encouraging decision making. New leisure opportunities are promoted, and residents utilize previously acquired leisure skills. The activities help residents to maintain maximum

functionability, as well as a sense of self-worth and dignity. Residents participate regardless of their abilities or disabilities. The program involves not only the residents and

staff, but their friends, families and the community at large.

Friday morning saw the sunfilled lounge area well filled with residents and guests

enjoying a coffee party featuring cookies baked by the residents and a variety of fresh fruit as an accompaniment to relaxed conversation and good fellowship.



RESIDENTS, FAMILIES AND FRIENDS - enjoyed a Friday morning coffee party at Parkview Extended Care last week in recognition of Therapeutic Recreation Week.



PREPARING FOR TAKEOFF - Ron Lesyk of the Elk Point Radio Controlled Aircraft Flyers prepares his red-and-yellow craft for an exciting series of aerobatic manoeuvres, at this weekend's well-attended fly-in.

1995

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JANUARY 1995						
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